

# Daily Learning Planner

*Ideas families can use to help students  
do well in school*

Title 1 Cooperative  
Educational Service Unit #10



THE  
**PARENT**  
INSTITUTE®

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## Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Help your child create a “family message center” for phone messages and other communications.
- 2. Choose a recipe with your child. Shop for ingredients, cook and enjoy the results together.
- 3. Schedule some one-on-one time with your child this month.
- 4. Set a technology curfew. All digital devices must be turned off for the night at a certain time.
- 5. How many ways can your child make change for a dollar using different combinations of coins?
- 6. Help your child make a planning board to use for big assignments.
- 7. Apologize to your child when it is appropriate. He’ll learn that it is necessary to take responsibility for mistakes.
- 8. When your child tells you something important, restate it to make sure you understand.
- 9. Ask your child to list fun alternatives to recreational screen time.
- 10. Social media makes it easy to hurt others. Remind your child not to post anything she wouldn’t say to someone’s face.
- 11. Nurture your child’s creativity. Ask questions that start with “What if ...” and “Why do you think ...?”
- 12. Talk with your child about a choice you have made. Then talk about the consequences of that choice.
- 13. Encourage your child to start a journal.
- 14. Is your child having a problem at school? Have him brainstorm ways he could solve it—without your help.
- 15. Talk with your child about the possible implications of a recent scientific discovery.
- 16. Check on your child’s grades. If necessary, help her plan ways to raise them before the year ends.
- 17. Ask your child, “Is it more important *to be* the best, or *to do* your best?”
- 18. Give your child a newspaper article. Have him circle all the *adjectives*.
- 19. Ask your child to estimate the length of a table. Then have her measure to see if she’s right.
- 20. Let your child overhear you saying something positive about him to someone else.
- 21. Have your child solve silly math problems, such as “How many hours until the last day of school?”
- 22. Celebrate Earth Day by doing something good for the environment, such as mending or repurposing an item rather than throwing it out.
- 23. Ask your child which classes she is excited to take in high school.
- 24. Help your child bake cookies today. Review math skills by doubling the recipe.
- 25. Ask your child to pay attention to things he might not usually notice about a book. When was it published?
- 26. Suggest that your child keep paper and pencil handy while reading. She can use it to jot down unknown words and look them up later.
- 27. Send your child on a “fraction search” through the news. What kinds of articles have the most fractions?
- 28. Ask your child to name five things he learned in school this month. Post the list on the refrigerator.
- 29. Write your child notes and ask her to write back.
- 30. Check out two copies of the same book from the library so you and your child can read together.